

Listen While You Work **(Podcast Recommendations Particularly for Non-BIPOC Participants)**

Multi-tasking is second nature to bakers! While your hands are busy kneading dough and whipping cream, engage your mind and challenge the status quo by listening to and learning from Black voices. Crank up the volume, invite your children/housemates/family to listen with you and then talk about it!

**This is not a complete list by any means, simply a place to get started with our collective re-education.*

**Although these resources are free, they were not free to create. Everyone deserves to be paid for their hard work, we ask you to please support their work by direct donation if you are able.*

Turning performative wokeness into genuine ally-ship, Jezebel (video)

https://youtu.be/ms02RwM_oCI

This short and concise video by Layla Saad (Aurhor of “Me & White Supremacy”) is a great primer on the difference between performative activism and productive anti-racist work.

Code Switch, NPR

<https://www.npr.org/podcasts/510312/codeswitch>

Code Switch is a multi-racial, multi-generational team of NPR journalists who cover race and identity. An informative podcast about how racism seeps into social norms and the workplace.

Identity Politics

<http://identitypoliticspod.com/>

Identity Politics is a podcast that features new stories and perspectives about race, gender and Muslim life in America. From pop culture to politics, each episode co-hosts Ikhlas Saleem and Makkah Ali invite guests to talk about issues impacting their lives as Muslims at the intersection of multiple identities.

Where We Live, NPR

<https://www.npr.org/podcasts/641548910/where-we-live>

We Live Here explores the issues of race, class and power that led to the emotional eruption in the wake of Michael Brown's shooting death in Ferguson. St. Louis Public Radio reporters Tim Lloyd and Kameel Stanley present podcasts, radio features, web stories and use social media for an in-depth exploration of how systemic racism impacts people as well as the well-being of our region and beyond.

The Stoop

<http://www.thestoop.org/>

“Stories from across the black diaspora”

The Stoop podcast digs into stories that are not always shared out in the open. Hosts Leila Day and Hana Baba start conversations about what it means to be black and how we talk about blackness. It's a celebration of black joy with a mission to dig deeper into stories that we don't hear enough about.

The Diversity Gap

<https://www.thediversitygap.com/>

"This project, The Diversity Gap, will empower people to create the cultures they say they want—cultures where all people are seen, celebrated and given the space to thrive." The Diversity Gap explores- what will it take to close the gap between our good intentions and the outcomes we hope for?

Includes a conversation guide

With prompts for personal reflection and a glossary to help you follow the words informing this work.

Still Processing, The New York Times

<https://www.nytimes.com/column/still-processing-podcast>

Hosted by two Black, queer culture writers from The New York Times, Jenna Wortham and Wesley Morris, who make sense of the internet, trends, social issues and pop culture at large.

1916, The New York Times

<https://www.nytimes.com/2019/08/23/podcasts/1619-slavery-anniversary.html>

"In August of 1619, a ship carrying more than 20 enslaved Africans arrived in the English colony of Virginia. America was not yet America, but this was the moment it began." Hosted by recent Pulitzer Prize winner Nikole Hannah-Jones, the 1619 audio series chronicles how black people have been central to building American democracy, music, wealth and more.

The 1619 Project is an ongoing initiative from The New York Times Magazine that began in August 2019, the 400th anniversary of the beginning of American slavery. It aims to reframe the country's history by placing the consequences of slavery and the contributions of black Americans at the very center of our national narrative.

Pod Save the People

<https://crooked.com/podcast-series/pod-save-the-people/>

On Pod Save the People, organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with fellow activists Brittany Packnett Cunningham and Sam Sinyangwe, and writer Dr. Clint Smith. They offer a unique take on the news, with a special focus on overlooked stories and topics that often impact people of color.

Intersectionality Matters!, The African American Policy Forum

<https://aapf.org/all-episodes>

Hosted by Kimberlé Crenshaw, a leading critical race theorist who coined the term "intersectionality," this podcast brings the academic term to life. Each episode brings together lively political organizers, journalists and writers. This podcast does a great job of explaining

how a combination of identity traits—race, age, sexuality, socioeconomic status, etc.—work together to form a person’s lived experience.